



## Book Study, The Autism Discussion Page - On Stress, Anxiety, Shutdowns and Meltdowns

This is the go-to book study for information on autism. It focuses on many of the specific questions that teachers and parents have about children on the spectrum, including neurological and processing differences, understanding brain drain, anxiety and stress, shutdowns and meltdowns, sensory overload, and most importantly, how to support children with autism. The author has more than 35 years experience in the field of developmental disabilities with autism spectrum disorders. You will come away with a solid understanding of characteristics of children on the spectrum and will have a tool of strategies to support those kids.



### BOOK:

The Autism Discussion Page - On Stress, Anxiety, Shutdowns and Meltdowns

*Written by Bill Nason*



### COST:

\$175 Course Fee



### OPTIONAL GRADUATE CREDITS/ WA STATE CLOCK HOURS:

Graduate Credits offered

or

30 Clock Hours/Professional Development Hours offered

Visit [teacherstudy.org](http://teacherstudy.org) for more details!

#### TEACHER STUDY

PO Box 3131  
Vancouver, WA 98668

(360) 907-5145  
[Lorie@teacherstudy.org](mailto:Lorie@teacherstudy.org)  
[teacherstudy.org](http://teacherstudy.org)